



Oral Health Care Professionals LLC

# THE DENTAL Examiner

Dr. Eric G. Jackson • Dr. Jeffrey S. Wascher

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## PROVISO WEST LECTURE



On March 22, our Dr. Jackson was invited by the Health Department of Proviso West High School to spend the entire school day speaking to their health classes. He gave 6 one-hour lectures entitled “The Essentials to Good Oral Hygiene and Dental Care.” The lecture covered topics ranging from why it’s important to visit the dentist regularly, to proper oral hygiene techniques, & oral cancer and oral STDs. An excellent Q&A session took place after each lecture. Great job Dr. Jackson! That’s a lot of talking packed into one day!

## Canker Sore Pain Relief with Debacterol

By Dr. Eric Jackson, DDS, MAGD, FICOI, FICD, FADI

One of the main reasons I started the office newsletter back in 2012 was to provide a forum where I could discuss the ever-evolving field of dentistry with patients in a setting outside of the office. This passive approach fits perfectly with our ever-increasingly hectic lives and allows patients to obtain dental knowledge on their own timeframe, not one confined by their dental visit. Posting the newsletter on the office website and social media accounts has allowed even more access to the information whenever they desire. In addition to obtaining information on their own schedules, the newsletter allows patients to passively obtain answers to questions they may not be willing to ask while at their dental appointment. Questions about canker sores often seem to make this a “reluctant/embarrassed” category so let’s discuss this topic today!



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CALL US @  
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TIME SLOTS ARE LIMITED.



Free  
Event

# TOOTH FAIRY DAY

## FRIDAY, SEPTEMBER 21, 2018

### 9:00 AM TO 1:00 PM

It's important to remember that canker sores are different than cold sores, so let's briefly review the basic biology and facts. Canker sores, also called Aphthous Ulcers, develop on the soft tissues in your mouth sore at the base of your gums. Unlike cold sores, canker sores don't occur on the surface of your lips and aren't contagious. They can be quite painful however and can make eating and speaking difficult. Canker sores all look fairly similar: round in shape with a white/yellow center and a reddish border. Minor canker sores are small in size, very common in the population and usually heal after about 1 or 2 weeks. Major canker sores are a different story. For those affected by this variety, these lesions can be very large (I've seen some nearly the size of a thumbnail), take up to 6 weeks to heal and can be extremely painful.<sup>i</sup>

Researchers theorize that a combination of factors contribute to causing canker sore formation and outbreaks. Some of these possible factors include certain toothpastes and mouth rinses containing sodium lauryl sulfate, food and dietary deficiencies, hormonal shifts, emotional stress, and even physical manipulation of the oral tissue (like during dental appointments). Canker sores can also occur because of certain conditions and diseases such as celiac disease, inflammatory bowel diseases, and an ailing or compromised immune system. Unlike cold sores, canker sores are NOT associated with herpes virus infections. It is common that people with recurrent canker sores have a family history of the disorder but anyone can develop canker sores. Statistically they occur more often in teens and young adults, and they're also more common in females.<sup>i</sup>

Prevention of cold sores is not an exact science but there are certain things you can do to minimize potential outbreaks and lesions. A few of these are watching what you eat, choosing healthy foods, following good oral hygiene habits, protecting your mouth from injury, and reducing overall stress levels.<sup>i</sup> Easy right? Especially that last one...right? No, it's certainly not easy which is why I'm going to devote the rest of the article to one of my favorite ways to treat large size canker sores, a fantastic product called Debacterol.

Debacterol is a liquid topical medicament that is applied by either a medical or dental professional in their office. It can completely eliminate canker sore pain almost immediately, seals damaged soft tissue and aides the body's natural healing process after just a single application.

So, what's in this magic liquid? The answer is sulfonated phenolics and sulfuric acid, both of which function as tissue denaturants. Essentially, this means that Debacterol destroys the canker sore which immediately eliminates pain and allows the body to begin the healing process right away. The product is dispensed in a special cotton tipped applicator that is applied directly to the lesion for about 5 to 10 seconds after it has been thoroughly dried. The canker sore experiences a stinging sensation immediately upon application of the Debacterol but it only lasts during the 5 to 10 seconds of application and subsides almost immediately after the mouth is rinsed with water. Unfortunately, patients who are allergic to sulfur in any form are not candidates for this treatment. And before you ask, because everyone does, Debacterol is not meant for the treatment of vesicular lesions such as cold sores and fever blisters. Canker sores only.

So how does a patient know when their canker sore is worthy of Debacterol treatment in my office? Ultimately, that decision is different for every patient. Although it works on all size canker sores, I recommend using it for moderate or large lesions only. Small canker sores are low on the pain scale, create minimal inconvenience, and typically easily go away without any intervention. Moderate and large sized lesions are extremely painful and affect quality of life significantly. Considering the amount of constant pain these large lesions force patients to suffer through, it is extremely gratifying for me to not only offer this procedure but witness the wave of relief wash over a patient once the product is applied. I've had patients be derailed from work presentations, school studies, eating, and living normally by these moderate and large lesions. For them, Debacterol is a fantastically effective treatment that restores quality of life within 5 to 10 seconds.

If you would like to speak about this topic, or any other, please feel free to call the office and schedule a complimentary appointment with me. Email and Twitter are also available options. I am extremely passionate about modern dentistry and love discussing it with patients, so don't hesitate to contact me.

Sincerely,

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<sup>i</sup> <https://www.mayoclinic.org/diseases-conditions/canker-sore/symptoms-causes/syc-20370615>



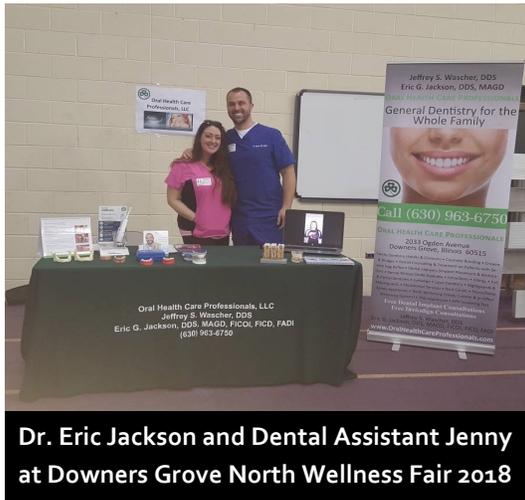
Amber Patton

# Amber Patton's invisalign® Chronicles

In April, Chicago Bandits legendary third baseman Amber Patton (@amber\_patton12) chronicled her Invisalign treatment with our Dr. Jackson via three video diary entries! She provided excellent 1st person insight from a real patient's perspective. Wondering if straightening your teeth with Invisalign is right for you?! Visit our website for tons of great information including real patient ClinCheck examples and an original article written by our very own Dr. Eric Jackson!

Schedule a **FREE Invisalign Consultation** by calling the office at **(630) 963-6750**

## Downers Grove North Wellness Fair 2018



On April 26th, our Dr. Jackson and Jenny attended the 2018 Downers Grove North Wellness Fair. Held in the field house, the Wellness Fair is a huge event attended by dozens of different health-related businesses and organizations. For over 7.5 hours Dr. Jackson and Jenny spoke to more than 2000 students about all things dental! Topics ranged from careers in dentistry, to wisdom teeth, to orthodontics, to oral hygiene, and many more! Kudos to Dr. Jackson and Jenny for being an active part in this great community event each year!!



# NORTH HIGH SCHOOL

WOW!

23,000!

In April, Dr. Jackson reached an astounding 23,000 connections on LinkedIn! WOW! We're so proud that so many people connected to the dental field enjoy your social media posts!



# May 2018 Tooth Fairy Day



The first Tooth Fairy Day of 2018 took place on May 4th and it was a great time as always! 2018 marks the 31st year that the tooth fairy has been visiting our office as a fun and effective way of preparing children for their first dental appointments! We hold Tooth Fairy Day twice per year (Spring and Fall) so don't worry if you couldn't make it in May because the Tooth Fairy will return to our office on Friday September 21st! For more info on this great **FREE** public event please visit our website!



## CHICAGO Bandits



# 5 YEARS

We are pleased to announce that in May our Dr. Eric Jackson began his 5th season as the official team dentist of the Chicago Bandits professional softball team! The Bandits had their home opener on June 1st at their beautiful Ballpark in Rosemont. That night the Bandits faced the Akron Racers

and the first 500 fans received a free Bandits/Dr. Jackson T-Shirt courtesy of Dr. Jackson! There was also a full team autograph session after the game! Bandits Games are always a fantastic, family friendly game of world class women's fastpitch softball! Many of the players are All-Americans and former Olympians! Kudos to the International Olympic Committee for reinstating both baseball and softball as Olympic sports in the 2020 Olympic games! Can't wait to watch!! To view a Bandits game schedule or to purchase Bandits tickets, visit the team's website: [www.chicagobandits.com](http://www.chicagobandits.com) or call (877) 722-6348. Go Bandits!!



## Downers D.O.L.L.S. 2018

This summer Dr. Jackson was proud to once again sponsor two Downers Grove DOLLS softball teams this summer! Congratulations to both teams on a fantastic summer season! Great job girls and a giant "Thank You" to the amazing coaches! See you next summer!

# LITTLE YOUTH DENTAL HEALTH DAY



In 2018 our Dr. Jackson received a grant from the Chicago Dental Society and the William Wrigley Junior Company Foundation to create and host a free public health event to

improve the oral health of young pediatric patients ages 0-3 years old in an underserved community. This segment of the population is often at high risk of dental decay and issues due to their young age. The result: "Little YOUTH Dental Health Day" which took place July 18, 2018, from 9am until 2pm. It was a smashing success!! The event was held at The Metropolitan Family Services DuPage building located at 222 E Willow Ave, Wheaton, IL 60187. The event focused on preventative dental care and educating both parent and child about the importance of dental health. Dr. Jackson, along with our very own Tammie and Heidi, provided free dental screenings to all children in attendance and everyone went home with a special giveaway like an event tote bag, dental board book, cup, toothpaste, an age appropriate toothbrush & more! A note from Dr. Jackson: "I am very proud to announce that \$4,650 of free dentistry was provided FREE OF CHARGE during Little YOUTH Dental Health Day 2018!!! WOOHOOO!!! I'd like to extend huge thanks to Elise, Maureen, & the rest of their teammates at both Metropolitan Family Services DuPage and the Wheaton/Warrenville Early Childhood Collaborative for all the fantastic hard work they poured into making this project happen. Additionally, the event would never have taken place without the support of the William Wrigley Junior Company Foundation & the Chicago Dental Society. Special thanks to Henry Schein Dental for their donation of supplies. Lastly, I could not have dreamed of such a phenomenal event without the hard work and support of my dental practice teammates, especially my office manager Tammie. Outstanding job as

## PREPARING FOR LITTLE YOUTH DENTAL HEALTH DAY 2018

In preparation for the 2018 Little YOUTH Dental Health Day on July 18th, our office manager Tammie was invited to present a detailed PowerPoint lecture to 39 employees of Metropolitan Family Services on June 25th. The focus of her lecture was to educate and empower non-dental trained staff of Metropolitan Family Services as to the importance of dental health and how to best convey that importance to their clientele in preparation for the upcoming Dental Health Day. Congratulations Tammie and Great Job!!



**FLOSSWORD ANSWERS:** Across: 4. Bitcoin, 6. Snapchat, 7. Instagram, 12. GIF, 13. Mobile, 15. Hashtag, 16. People, 17. Tweets, 18. Spotify & 19. News. **Down:** 1. Selfie, 2. Twitter, 3. SocialMedia, 5. Netflix, 8. Americans, 9. Overshare, 10. Billion, 11. Google, & 14. Facebook



# DR JACKSON ON ASD NATIONAL BOARD OF DIRECTORS

In June, Dr. Jackson traveled to New Orleans and attended the Academy for Sports Dentistry Annual Symposium. At the event Dr. Jackson was sworn in and begins his 2nd year as a member of the National Board of Directors for the organization. Congratulations Dr. Jackson!



## NEWS BITES WITH LAURA

During appointments in our practice, we may ask you to fill out a new medical history or update your information with our staff. This is so we can add possible new medications you are taking; allergies; recent surgeries or other important health information that can affect the course of treatment our dentists use to keep your mouth healthy. Thank you for allowing us to give you the best possible care.



I am very proud to have participated in the 2018 Illinois Mission of Mercy this July 20th & 21st. This amazing event takes place every two years and I simply love it. Meeting such fantastic people from around the state, and some from several states away! The final totals for the 2018 Illinois Mission of Mercy are in! Total dollar amount of donated care in 2018: \$1,013,567.55 • 1,106 Volunteers • 1,180 Patient Visits • 1,170 Fillings • 1,321 Extracted Teeth • 683 Cleanings • 152 Partial Dentures • 69 Root Canals • 894 X-rays Great job everyone! I'm so proud to have been a small part of this huge event! See you in 2 years! Want to watch a video tour of the event? Head over to my YouTube channel and take a look! Here's a link: <https://youtu.be/OMT-mYjFsk4>

Bank of Springfield Center in Springfield, IL, location of 2018 Mission of Mercy



Setup before patients enter the center.

Patients, Dentists, Assistants working together.



Volunteers reviewing the days schedule before seeing patients.



# 2018 Chicago White Sox Dentistry Night Oral Health Care Professionals Staff Outing

Summer office outing 2018 at the Chicago White Sox  
™ Dental Night!! Such a great teambuilding event and over-  
all fun time! Check out some fun photos of the game here:



OHCP Staff posing with K-9 Unit Team at the White Sox Gam in July 2018



Left to Right: Tammie (Manager), Chris, Kristin (Hygienist), Nathan, Brian, Jenny (Dental Assistant), Eric (Dentist), & Lauren

**DOWNERS GROVE PARK DISTRICT**  
**2018 ANNUAL FISHING DERBY**

**SATURDAY, AUGUST 4**  
**9AM - 12PM | ALL AGES**  
**PATRIOTS PARK/BARTH POND**

**FREE EVENT!**  
**REEL IN 3 HOURS OF FAMILY FUN**

**FRIENDLY NOTE:**  
REGISTRATION REQUIRED ON-SITE TO BE ELIGIBLE FOR AWARDS/PRIZES! PRIZES AWARDED FOR SHORTEST & LONGEST FISH CAUGHT BY EACH AGE LEVEL.  
FISHING LICENSE REQUIRED (BYRS+) LICENSES AVAILABLE AT BASS PRO SHOP AND WAL-MART.

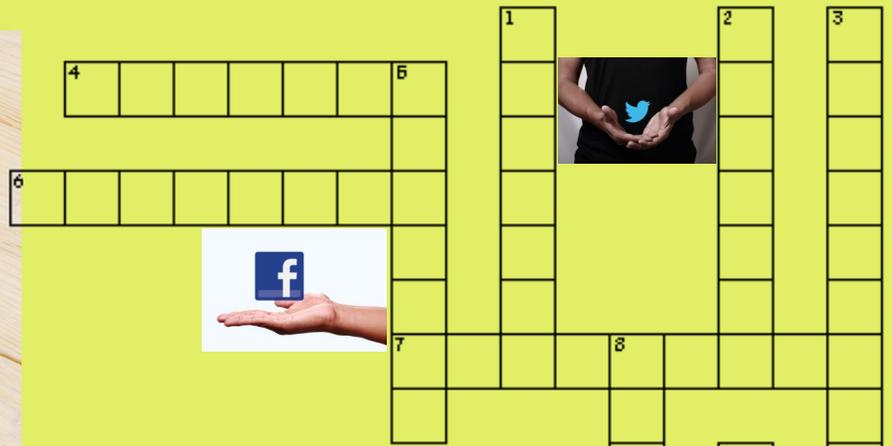
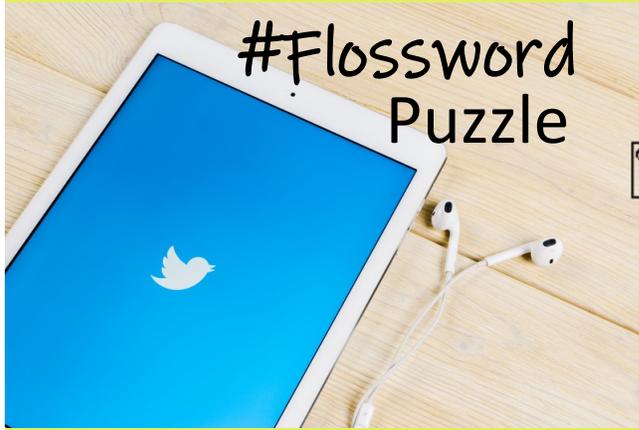
**THANK YOU TO OUR SPONSORS:**  
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## Fishing Derby

I'm very proud to have again sponsored the Downers Grove Park District's annual fishing derby. The event took place on Saturday August 3rd and everyone in attendance enjoyed great weather and fishing! Such a fun event year after year!





**Across:**

4. The decentralized digital currency that started turning a lot of heads in 2013 as more people got involved with mining, trading and spending \_\_\_\_\_.

6. The most popular face filter for Instagram and \_\_\_\_\_ is the dog filter.

7. \_\_\_\_\_ is a photo and video-sharing social networking service owned by Facebook.

12. The animated \_\_\_\_\_ is a magnificent cross between an image and a short video—without sound of course.

13. 60% of Google's searches come from \_\_\_\_\_ devices.

15. Although twitter was the original social network to bring the \_\_\_\_\_ to life, others have been quick to pick up on the trend.

16. Regular \_\_\_\_\_ can be turned famous because of social media.

17. There are 500 million \_\_\_\_\_ sent each day.

19. If you want to get access to the latest \_\_\_\_\_ as fast as possible, Facebook and Twitter are your best options.

**Down:**

1. The front-facing camera on our smart phones changed the way we take pictures, called \_\_\_\_\_.

2. \_\_\_\_\_ is an American online news and social networking services on which users post and interact with messages known as "tweets."

3. \_\_\_\_\_ are computer-mediated technologies that facilitate the creation and sharing of information, ideas, career interests and other forms of expression via virtual communities and social networking services.

8. 68% of all \_\_\_\_\_ are on Facebook.

9. Sometimes we can \_\_\_\_\_ on social media.

10. Google processes 100 \_\_\_\_\_ searches a month.

11. \_\_\_\_\_ is an American multinational technology company that specializes in internet-related services and products, which include online advertising technologies, search engine, cloud computing, software and hardware.

14. \_\_\_\_\_ is an American online social media and social networking service company based in Menlo Park, California.

**Special:** Who needs CDs and DVDs anymore now that we can get unlimited access to all our entertainment needs through services like \_\_\_\_\_ (18 Across) or \_\_\_\_\_ (5 Down) ?

Answers on bottom of Page 5

#Trending

#LoveMyDentist

Accepting New Patients