

The Dental *Examiner*

Oral Health Care Professionals, LLC

Dr. Jeffrey S. Wascher, DDS

Dr. Eric Jackson, DDS, MAGD, FICOI, FICD, FADI

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Did you know...

WEST SUBURBAN
Living



Dr. Jeffrey S. Wascher



Dr. Eric G. Jackson

West Suburbs TOP DENTISTS

Dr. Jeffrey S. Wascher and Dr. Eric G. Jackson were elected as two of the Top Dentists of the Western Suburbs. Based on an extensive survey of professionals peers, West Suburban Living, in an effort to provide their readers with guidance of finding the highest quality dental care providers, have published a Top Dentists list for the western suburbs in their July/August issue. Dr. Wascher and Dr. Jackson were both among the dentists elected as the Top Dentists.

News Bites with Laura

As we are getting closer to your insurance calendar year end, we are happy to submit pre-estimates for procedures you are still considering in order to use your dental benefits or set up appointments for procedures you are ready to start.

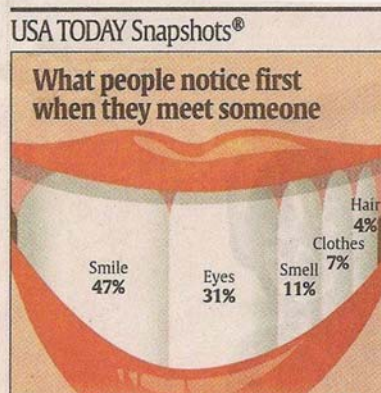
Wishing our patients and their families happy and safe holidays. Enjoy all your favorite holiday dishes and remember to brush, brush, brush!!!

Schedule your appointment on a Wednesday or Friday Morning and take advantage of complementary hand and foot massage during your appointment and/or a neck and back massage after your appointment with one of our Licensed Massage Therapist.

The Invisalign Experience with Dr. Eric Jackson

By Eric G. Jackson, DDS, MAGD, FICOI, FICD, FADI

A person's smile is often one of the first physical attributes noticed when speaking to other individuals. It can influence the way a person is perceived and even the message being delivered. Similar to other physical attributes, an ailing or unhealthy smile has an enormous impact on a person's self-confidence. As dentists, we routinely face the challenge of restoring and improving not only a patient's smile, but their self-confidence as well. Invisalign is one of the most common, non-invasive, methods of "smile reconstruction" we have at our disposal in this battle for self-confidence. For many adults, the idea of straightening their teeth with conventional braces is unpleasant due to a perceived negative social stigma. As not only a dentist, but also the



son of an orthodontist, I wholeheartedly disagree and reply with the classic orthodontic tagline, "Braces are Beautiful!" With that said, I respect and understand that an individual may not want to have matching braces with their 12-year-old son or daughter. For these patients, Invisalign treatment is quite an attractive alternative.

So what is Invisalign and how does it work? The process involves a series of custom-made aligners made from smooth, comfortable, and virtually invisible plastic that fit over your teeth like a glove. These aligners are worn for a minimum of 22 hours per day, taking them out only to eat, brush, floss, and drink any liquid other than water. They are changed every two weeks and create gentle incremental movement according to the personalized plan created for the patient by his/her dental professional. This plan is commonly referred to as the patient's Invisalign ClinCheck. All this is done without brackets to attach or wires to tighten. Invisalign is truly the



This summer was quite an active one here at Oral Health Care Professionals and we thought we would take a quick moment to update everyone with a summary of all the great things that took place! There are a ton of photos and videos from each event on our Facebook page, YouTube page, and our website.



www.Facebook.com/OralHealthCareProfessionals



www.YouTube.com/user/EJacksonDDS



wwwOralHealthCareProfessionals.com/ohcp-in-the-media.html

July/August:

Both Dr. Wascher & Dr. Jackson were independently awarded "2015 Top Dentist" by Western Suburban Living magazine. Even though ALL the general dentists in the Western Suburbs of Chicago were eligible, they were the only two general dentists given this award. The list of dentists awarded this honor can be found in the July/August 2015 edition of the magazine.

August:

Dr. Jackson was asked to become a member of the "Wheaton/Warrenville Early Childhood Collaborative (WWECC)." Unfamiliar with the WWECC? It's such an amazing group of individuals comprised from a wide range of backgrounds and dozens of professions, all dedicated to helping the local community. Their mission: to effectively coordinate services focused on providing opportunities for learning success and improved Kindergarten readiness for local children birth to age five, especially those most vulnerable. My aim is to assist in the realm of "dental health readiness." Solid learning in the classroom cannot take place if a child is struggling with dental or health issues.

The month of August also saw Dr. Jackson be named Dental Partner to the Health Advisory Committee of the Head Start program in DuPage County. From this new position Dr. Jackson will be able to assist & advise the Health Advisory Committee of Head Start to overcome obstacles preventing families from obtaining dental care in a timely manner. Obstacles stem from lack of parental understanding the importance of dental care, to Head Start staff having difficulty conveying this importance, to finding a dental provider that can assist the family.

In mid August Dr. Jackson was featured in a spotlight article on the Chicagoland parenting website "Kidlist: Activities for Kids" (www.mykidlist.com). The article was a summary of Dr. Jackson's professional career with emphasis on pediatric aspects of dentistry.

Also in August, Dr. Jackson volunteered with his friends/colleagues from the DuPage County Health Department at the Joliet Catholic Charities "Back to School Fair" held at the Odeum Expo Center in Villa Park. This important annual event caters to residents of DuPage county and helps prepare children from low-income households for a new school year by providing a variety of services, including free school supplies, immunizations, physicals, eye exams, dental exams and more!

Flossword Answers: ACROSS: 3-Turnips, 5-Pomona, 6-Die, 7-Cakes, 10-Ireland, 11-Halloween, 12-Cattle, 15-Christmas, 16-Shatner, DOWN: 1-Witch, 2-Houdini, 4-Souling, 7-China, 8-Scarecrows, 9-Mexico, 13-Wise, 14-Orange

September:

Suburban Life Media selected Dr. Jackson as one of twelve recipients of their annual "Best Under 40" award. This annual award is given to individuals in recognition of outstanding leadership and professional accomplishment within Chicago's western suburbs. In addition to an awards luncheon & formal awards banquet held at Seven Bridges Golf Club in Woodridge IL, each recipient received a photoshoot and interview for a feature article that ran in 16 different Suburban Life Media publications across Chicagoland.

On September 18th Drs. Wascher & Jackson hosted the second Tooth Fairy Day of 2015! Always one of our favorite work days of the year, this Tooth Fairy Day was no exception. We met such a great group of young preschoolers and parents! Can't wait until springtime when the Tooth Fairy returns to our office!

Also in September, Dr. Jackson participated in the 2015 CURE (Collaborative Underserved Relief & Education Network) Free Dental Day Saturday September 19 at the Park District of LaGrange. Dr. Jackson was on hand providing free dental care in the form of cleanings, fillings, and extractions. The CURE Network was created to meet the vital and ever growing need to bring free medical services to the underinsured and those without insurance in the greater Chicagoland area. Since its inception in 2010 CURE Network has proudly provided over \$2,700,000 of free medical, dental, and vision care to over 4,000 patients. For more info on the Cure Network visit their website at www.curenetwork.org

September also saw Dr. Jackson's article "When to Take Your Child to the Dentist" featured on the Chicagoland parenting website "Kidlist: Activities for Kids." Primarily focused on activities, events and topics that pertain to the Western Suburbs of Chicago, the website is such a fantastic resource for parents & grandparents of young children. Check out his article on Kidlist here: <http://bit.ly/1OkPBZ7>

October:

Earlier this month Dr. Jackson's hour long video podcast with dental innovator/guru Dr. Howard Farran was released as part of Dr. Farran's "Howard Speaks!" podcast series. Dr. Jackson's episode was number 176 and was published around the globe in over 150 countries through Dr. Farran's www.dentaltown.com & Farran media outlets. The doctors discussed a wide variety of topics from social media to dental implants to the philosophical aspects of multidisciplinary general dentistry.

On October 7th Dr. Jackson participated in the Wheaton Public Library Preschool Resource Fair. The event is a great resource for local parents of preschool age children. Representatives of local organizations and businesses are on hand to answer questions and provide information on topics and programs ranging from education to social services to healthcare and more.

Phew! Such a busy summer! We can't wait to see what Fall 2015 has in store for the office!

BABY NEWS

Our Office Manager, Tammie, and her husband, Chris, welcomed their 2nd child (and 2nd daughter) Emma on August 17! 8lb 6oz and 21in of pure uncontainable



most invisible way to straighten teeth!

While the cosmetic benefits of invisibly straightening your teeth are obvious, there are multiple other advantages Invisalign has over conventional braces. The removable aligner method used by Invisalign allows a patient to brush and floss their teeth without the plaque and bacterial traps caused by brackets and wires. The brackets and wires of conventional braces create numerous nooks and crannies, which are very difficult to keep clean. Without impeccable oral hygiene, braces patients often suffer from varying degrees of gingivitis. Gingivitis is essentially the swelling of gums due to the presence of bacteria, and it's these bacteria that can cause cavities in the surrounding teeth. Many former traditional braces patients see permanent reminders of the destruction caused by these bacteria when they look in the mirror in the form of white decalcified square areas on the front of the teeth (see photo). In addition to being cosmetically unappealing, these decalcified squares of enamel are weaker and more susceptible to future cavities.



As previously mentioned, the Invisalign aligners are smooth and comfortable plastic that fit over your teeth like a glove. This is in contrast to the sharp brackets and wires found in conventional braces which are far more likely to irritate your cheeks and lips. For those of you (myself included) who were traditional braces patients, you likely remember placing soft wax over the brackets to provide relief to the areas of our mouth rubbed raw by the braces. With Invisalign rub spots and irritation are quite rare! If such issues do occur, it is quite mild, typically occurs during the first aligner, and rapidly resolves on its own. Invisalign is remarkably convenient because patients can eat pretty much ANYTHING they want! With conventional braces patients are unable to eat numerous foods, especially hard and sticky ones. Corn on the cob, caramels/taffy, popcorn, pretzels, nuts, bagels, apples, carrots, pizza crust, and tortilla chips are just a few of the foods braces patients can't eat while in treatment. Invisalign allows your taste buds to celebrate with any food because there aren't any wires to pull out of place or brackets to knock loose.

In addition to improving the cosmetics of your teeth, Invisalign is also able to improve their overall health too! Crowded or crooked teeth are often surrounded by red, swollen gums because they are so difficult to clean properly. The overlapping prevents proper brushing and flossing which can lead to bacterial buildup. Tooth decay and gum disease are caused by this same bacteria. Left untreated, they can cause mouth sores, tender or bleeding gums, bad breath, infection, and possible tooth loss. Studies by the American Dental Association have shown that dental infections can lead to other more serious ailments such as heart disease,[i] stroke,[ii] pneumonia,[iii] and diabetes[iv]. Straight teeth make keeping your clean much easier, thereby reducing the risk of dental or medical problems. Straight teeth can also alleviate issues that can be caused by an improper bite such as speech/chewing difficulties, jaw problems, and increased wear on the tooth enamel.[v] Essentially, teeth that are in the correct position function better and last longer than their crooked counterparts...and Invisalign is a great way to achieve straight teeth!

At Oral Health Care Professionals LLC, I've designed our "Invisalign Experience" to be unlike any other office in the western suburbs. Firstly the final retainers and refinements are included in the original fee. This rarely seen practice adds a tremendous value to the procedure without adding additional cost to the patient. It also ensures that each patient that starts treatment is able to have retention. Perhaps the most notable item that sets us apart is that we offer the Invisalign consultation, records, and ClinCheck free of charge. Invisalign records consist of impressions of your teeth, photographs, and an x-ray. It's very important to me to offer this as a complimentary

service. It allows a patient to not only HEAR about the planned treatment but also at their second visit, SEE the digitized 3D ClinCheck treatment model on our 40" flatscreen computer monitor. Interested in viewing several real ClinChecks that belong to several of my actual patients? Visit my YouTube page to watch a compilation movie of actual ClinChecks. With conventional braces, the treatment is exclusively in the orthodontist's mind. This often proves difficult for a patient to conceptualize how their treatment will progress. By seeing the personalized Invisalign ClinCheck created just for them, patients are immersed in the process. This immersion is beneficial for both dentist and

patient. For myself, I feel I have empowered the patient by including them into the design process resulting in patients that are more compliant and thereby creating superior Invisalign results. For patients, they are privy to essential knowledge and issues such as the estimated time of treatment, the location of attachments, and most importantly, a visual representation of the estimated result.

Invisalign is a fantastic tool at our disposal to orthodontically correct teeth and I am proud to offer it at Oral Health Care Professionals, LLC. If you have always wondered if Invisalign is right for your mouth, please give our office a call and take advantage of a complimentary Invisalign consultation. Typically 60 minutes is allotted for these appointments to allow records to be taken if desired. Straighter and healthier teeth could be easily attainable with Invisalign!

If you would like to speak about Invisalign treatment, or any other dental topic, please feel free to call the office and schedule a complimentary appointment with me. Email and Twitter are also available options. I am extremely passionate about modern dentistry and love discussing it with patients, so don't hesitate to contact me.

Sincerely,

Eric G. Jackson, DDS, MAGD, FICOI, FICD, FADI

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[i] <http://ada.org/4081.aspx?currentTab=2>

[ii] http://ada.org/sections/scienceandresearch/pdfs/patient_61.pdf

[iii] http://ada.org/sections/scienceandresearch/pdfs/patient_61.pdf

[iv] http://ada.org/sections/publicresources/pdfs/patient_18.pdf

[v] <http://www.invisalign.com/Why-Invisalign/Pages/dental-hygiene.aspx>





Saturday, December 12, 2015

9:00 am to 3:00 pm

LifeSource BUS

@ 2033 Ogden Avenue, Downers Grove, IL

Together with LifeSource, Dr. Eric will be hosting a blood drive to help support those in need of blood transfusions in hospitals. Did you know that LifeSource must see **1000** donors each day to ensure an adequate blood supply for area patients in need of transductions?

Despite miraculous advancement in medicine, there is no substitute for human blood. The need for blood products can occur in persons of all ages, from premature infants to the elderly. Management of illnesses that strike the elderly often requires extensive blood product support. A stable blood supply is vital at all times to ensure excellence in the delivery of healthcare in our region.

With your help, we can help save lives! As a thank you for your donation, every donor will receive two movie tickets to the Hollywood BLVD! Call our office to schedule your donation today at (630) 963-6750.

All participating donors will receive 2 free movie tickets compliments of Hollywood Blvd.

To schedule your appointment, please call OHCP at 630-963-6750 or LifeSource at 877-543-3768. OR register online at LifeSource.org and use code **227G**.

Appointments Recommended. Walk-ins Welcome!

YES you may be able to donate! Many medications, DIABETES or TATTOOS are acceptable! Please call LifeSource regarding cancer, you may be able to donate too!

PREPARE FOR YOUR DONATION • EAT WELL • STAY HYDRATED • BRING ID • MUST BE 17 YEARS OR OLDER



The Dental Examiner



Contact Us

Give us a call for more information about our services, ideas for our newsletter, questions, comments, concerns, or if you just want to talk dentistry. We love to hear from you!

Oral Health Care Professionals

Jeffrey S. Wascher, DDS

Eric G. Jackson, DDS, MAGD

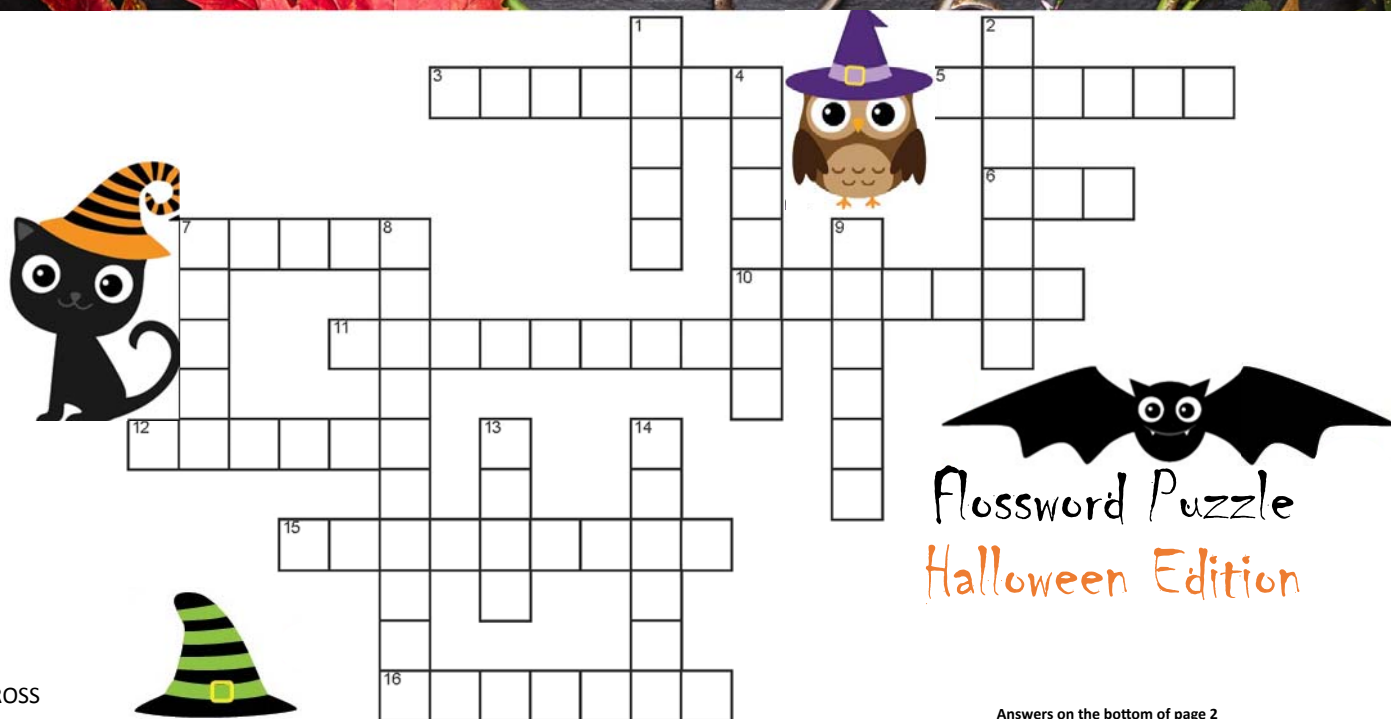
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ACROSS

- 3— The first Jack O'Lanterns were actually made from _____.
- 5— Halloween was influenced by the ancient Roman festival _____, which celebrated the harvest goddess of the same name.
- 6— In Medieval Europe, owls were thought to be witches, and to hear an owl's call meant someone was about to ____.
- 7—On Hallowmas (November 1), the poor would go door-to-door offering prayers for the dead in exchange for soul ____.
- 10— _____ is typically believed to be the birthplace of Halloween.
- 11—Samhainophobia is the fear of _____.
- 12—During the pre-Halloween celebration of Samhain, bonfires were lit to ensure the sun would return after the long, hard winter. Often Druid priests would throw the bones of _____ into the flames and, hence, "bone fire" became "bonfire."
- 15—Halloween is the second highest grossing commercial holiday after this _____.
- 16—Because the movie Halloween (1978) was on such a tight budget, they had to use the cheapest mask they could find for the character Michael Myers, which turned out to be a William _____ Star Trek.

DOWN

- 1—According to tradition, if a person wears his or her clothes inside out and then walks backwards on Halloween, he or she will see a _____ at midnight.
- 2— Harry _____ (1874-1926) was one of the most famous and mysterious magicians who ever lived. He died in 1926 on Halloween night as a result of appendicitis brought on by three stomach punches.
- 4— _____ is a medieval Christian precursor to modern-day trick-or-treating.
- 7—Teng Chieh, or the Lantern Festival, is one Halloween festival in _____. Lanterns shaped like dragons and other animals are hung around houses and streets to help guide the spirits back to their earthly homes. To honor their deceased loved ones, family members leave food and water by the portraits of their ancestors.
- 8 _____ a popular Halloween fixture, symbolize the ancient agricultural roots of the holiday.
- 9 _____ celebrates the Days of the Dead (Días de los Muertos) on the Christian holiday All Saints' Day (November 1) and All Souls' Day (November 2) instead of Halloween.
- 13—The word "witch" comes from the Old English wince, meaning _____ woman.
- 14—Black and _____ are colors typically associates with Halloween.

Answers on the bottom of page 2